LEADER REBELLION / A FREE FIELD EXERCISE

Whose time did the AI save?

15 minutes. On your own or together. Follow one small piece of work from request to useful delivery. If AI has not been used, mark expected savings as guesses.

01 Choose the work

2 min

What needed to become useful, and to whom? Where does this story start and end?

02 Follow the path

5 min

Write the steps, waiting, handoffs and work that came back. Where did AI help, or where might it help? What checking, correction or other effort appeared elsewhere?

Keep hands-on effort and elapsed waiting separate. Mark timings as observed, estimated or unknown.

03 Notice the people

4 min

Who benefits, who absorbs the cost, and whose view is missing? What do you know, and what would change your mind? Ask people to check your account of their work.

04 Leave with a useful next move

4 min

Choose a question, decision, change, small comparison, or a reason to stop. Who will do what, and when will you revisit it? What quality, capacity or other concern needs protecting?

Open with: "I followed the work and noticed ___. I am not sure about ___. Could we look at it together before deciding ___?"

Nic Payne / Leader Rebellion - Use and share with credit; please do not resell.

Example and online exercise: tools.leaderrebellion.com/free/whose-time.html

The work matters. So do the people doing it.